



# April 14, 15, 16, 2023

Friday, Saturday, Sunday

## *Wisdom of the Ages*

**A Dances of Universal Peace Retreat with a focus on Wisdom.**

*Wisdom through life experience. Wisdom learned from others.*

*Let us bring our Wisdom. Let us receive Wisdom.*

**Grace D Marie, Timothy Dobson**

**Maboud Charles & Tara Andrea Swierkosz, Connie Zareen**

**Deborah Ogden, Jim Grant, and Ira Liss**

**At The Elizabeth Hotel, Heart of Old Town Fort Collins, CO**

**\$200 for the retreat without accommodations/ \$250 after March 8, 2023**

**\$450 with hotel, double occupancy**

**\*Dances of Universal Peace or Sufi Dancing**

*Simple circle dance practice, using Sacred Phrases from World Wisdom Traditions. We hold hands, meet eyes, sing, breathe, remember. Our songs are prayers for peace within and for all beings.*

*The facilitator teaches the group the simple words, music, and movements.*

*Live Music accompaniment. No Partner or experience needed.*

**\*Harmonic Temple** – Easy to Learn - 4-part harmonies of Soprano, Alto, Tenor and Bass

**\*Meditation, Breath and Walking Concentrations**

For Registration details and information: [www.LifeasaGarden.com](http://www.LifeasaGarden.com)

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