



April 14, 15, 16, 2023

Friday, Saturday, Sunday

Wisdom of the Ages

Wisdom through life experience. Wisdom learned from others.

Let us bring our Wisdom. Let us receive Wisdom.

At The Elizabeth Hotel, Heart of Old Town Fort Collins, CO

\$200 for the retreat without accommodations, \$450 with hotel, double occupancy

Grace D Marie, Timothy Dobson

Maboud Charles & Tara Andrea Swierkosz, Connie Zareen

Deborah Ogden, Jim Grant, and Ira Liss

The Dances of Universal Peace or Sufi Dancing - are a participatory circle dance practice from the Sufi tradition, using Sacred Phrases from World Wisdom Traditions. It is facilitated by a Dance Leader who teaches the group a sacred phrase, music, and movements. Live Music accompaniment. No Partner or experience needed.

Harmonic Temple – Easy to Learn - 4-part harmonies of Soprano, Alto, Tenor and Bass

Meditation, Breath and Walking Concentrations

For Registration details and information: www.LifeasaGarden.com

Contact: Zareen - mysticdancecaravan@gmail.com

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