



The Magic of CUBA

with Grace D Marie and Friends

January 24 – 31, 2023



**A Dances of Universal Peace group journey
to experience the land, the island,
the music, rhythm, and culture of Cuba
14 Maximum number of participants**

www.LifeasaGarden.com

The itinerary has been designed to give a broad visual of the country for this second-time historic group journey. We will be under the umbrella of a tour company and native guide because of the restrictions on foreign travel to Cuba. We'll travel under the category, "Support of the Cuban People."

The accommodations are family-run Casa Particulares, unique to Cuba, are hand selected, and upgraded to **Superior** this time in most locations, and **Standard Upgraded** in other locations, as we had in 2020, and are run much like a traditional B&B, and offer a unique, cultural experience.



In Viñales, we will stay in Los Jazmines Hotel overlooking the valley. In Varadero we're at a beach hotel.

Cost: \$1990 Dbl Occupancy (Single add \$390.00 = \$2380)

Taxi Photo by Deborah Flowers – Cuba 2020



What IS included in your fee beginning January 24, 2023

- All accommodations, breakfasts days 2-8, lunches days 2 to 7, dinner days 1, 5-7
- All in country transportation, including transfer to and from the airport
- All guides, workshop fees, and entrance fees for activities

What is NOT included

- Airfare to and from Cuba
- Visa for visiting Cuba
- Mandatory Medical Insurance
- Dinners days 2 - 4, alcoholic beverages, and other special additions to meals
- Tips, the norm is 5-15%.
- NOTE: There are no "convenience stores" in Cuba, you need to bring any food you might need.
- Personal incidentals or souvenirs.

Grace D Marie – is an international teacher of Dances of Universal Peace, Body Movement, Voice, and Fitness, facilitating retreats and group journeys worldwide.

**For Information and to reserve your space:
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