

## Genesis as a Personal Creation Process

### Unveiling the Parable and the Hidden Meaning of Genesis - by Grace D Marie,

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Humans are the living story of Genesis—from the darkness of the unknown before a beginning, to becoming a twinkle in the eyes of our parents, to gestating and growing within a womb, being manifested or born of creation, into creation, to continuously create and re-create. Genesis is in the DNA of our very biological nature: the bloodline, our human lineage from before the beginning, is in our bodies, hearts and souls, to remember and live the creation process daily.

Psychologically and emotionally understanding the steps of Genesis, can significantly decrease our fear of the unknown and of darkness or “dark times”. We interpret, understand, and accept that a certain period of void, darkness, and the unknown is needed for any creative aspect of oneself to emerge. There is no need to be afraid of this process, as it is natural and good.

Throughout history, stories or parables were written or told to convey a teaching. The deeper meanings of these simple parables, were easily interpreted and used as examples to help people understand and develop characteristics to live as better human beings.

The first chapter of the Bible, Genesis, tells the story that in 7 days, God created heaven and earth. As a child born into a strict Catholic practice, my perspective on this story called forth an image of an all-powerful male God who did exactly that: created the earth in 7 days. One accepted this on faith, and a fear of the consequences of not believing, that these events happened and were true.

An alternative story or parable, may be presented without discounting the 7 day creation in the Genesis chapter. It certainly could have happened, and millions of people believe it to be so.

When looking at the theory of Evolution, in a scientific approach, its sequence follows the creation process described in Genesis, keeping in mind that one million earth years, would equal one day in the mind of the divine in telling the story of Genesis.

My interest of Genesis surfaced with Dr. Neil Douglas-Klotz (NDK), author and scholar of the Aramaic and Middle Eastern traditions. Although I had attended his Genesis workshop twice previously, it was not until the third time that its deeper personal meaning began to unveil its mystery.

The wall between me and Genesis was coming down stone by stone, and I became very curious about what was on the other side. I felt a shift in my thoughts and feelings around the subject, that led me to ask the questions:

- What is the deeper story, or parable of Genesis?
- How can I interpret it to understand how it can personally affect me through its hidden teaching?

Using NDK’s book *The Genesis Meditation: A Shared Practice of Peace for Christians, Muslims and Jews* to make simple translations, the parable began to take shape. Note that the updated title of this work by NDK is now called **“Original Meditations”**.

To unveil the mystery, I started with 3 simple outlines from NDK’s work to help decipher the Genesis myth:

**I. Genesis/Creation** – The first outline uses the Hebrew phrases from the chapter of Genesis in the Torah that are translated and/or interpreted into their very simple approximate meanings, as indicated with the words in

English that are shown in parentheses. Additionally, there are phrases from Proverbs; one phrase listed is from the Quran in Arabic; and another phrase is a combination of Aramaic and Greek.

The King James English Version (KJV) of the Bible, New World Translation of the Holy Scriptures, and the Quran are also included to use in comparison. Bear in mind that these were translated into English from Hebrew, Arabic, Aramaic, or Greek.

If one speaks another language fluently, one understands the concept of translating from one foreign or non-native language to one's own native tongue. There are nuances from one culture to another that simply cannot be conveyed into words. I studied 4 languages, with prayers and phrases of Jesus in Aramaic, his original language, in addition to various prayers, mantras and phrases from a number of faith traditions.

The interpretations given below, are a combination of approximate, literal and my own translations. Approximate Translations are signified by AT.

## **I. GENESIS/CREATION - the foundation to understanding origins and possible meanings of Genesis.**

### **1. BEFORE THE BEGINNING (Gen 1:1)**

**B'reshit bara Elohim et hashamayim we'et ha'aretz.**

B'reshit (beginning) bara (created) Elohim (one who is many, or God) et hashamayim (heaven or wave, light vibration) we'et ha'aretz (and earth or form, particle).

“In the beginning, the Many created form through wave, vibration, light, and particle.” AT

“In the beginning, God created the heavens and earth.” KJV

### **2. EXPLORING THE GERM OF THE SEED (Gen 1:2)**

**Wa ha'aretz hayeta tohu wa bohu.**

Wa ha'aretz (the earth) hayeta tohu (without form) wa bohu (and void).

“No form existed, only void.” AT

“and the earth was without form and void.” KJV

### **3. PLAYING WITH RESISTANCE, CONFUSING THE CONFUSION (Gen 1:2)**

**Wa chosheckh 'al-penei tehom.**

Wa chosheckh (the darkness) 'al-penei (was on the face/surface) tehom (of the deep/depths).

“Deep Darkness, of the deepest depths, existed.” AT

“and darkness was upon the face of the deep.” KJV

### **4. BREATHING INTO THE FLOW (Gen 1:2)**

**Wa ruach Elohim mera-he-fet 'al pennei hammayim.**

Wa ruach (the breath/spirit of) Elohim mera-he-fet (began to move) 'al pennei (on the surface/face of) hammayim (the waters of the primordial flow).

“From the energy of the Many working together, a primordial wave began to flow, in the first sign of movement.” AT

“and the spirit of God moved on the face of the waters.” KJV

#### 5. BIRTH OF A NEW CONSCIOUSNESS (Gen 1:3)

**Wayyo’mer’elohim yehi’or wa yehi’aor.**

Wayyo’mer’elohim yehi’or (the vibration, wave of consciousness was, is and will be) wa (the whole realm of existence) yehi’aor (aor – light).

“The light, wave and vibration of consciousness, and the whole realm of existence, was, is, and always will be.” AT

“and God said, Let there be light, and there was light.” KJV

#### 6. CELEBRATING THE NEW CONSCIOUSNESS (Gen 1:4)

**Wa yara ‘elohim et haor kitob.**

Wa yara (looking into the whole of existence) ‘elohim (the One who is Many) et haor kitob (blessed its new reflection of consciousness.)

“The One who is Many, looking into the whole of existence, blessed its new reflection of consciousness.” AT

“and God saw the Light, that it was good: God divided the light from the darkness.” KJV

#### 7. EMBRACING THE NEW (Proverbs 8:22-24)

**Ya qanani re’shit darko quedem mif’alaw me’az.**

Ya (Yahweh) qanani (had to have me) re’shit (from the start) darko (head of the caravan) quedem (from the oldest of times) mif’alaw me’az (in the pivotal moment of the Aha!).

“The One who is Many was drawn to me from the start, from the oldest of times, from the head of the caravan, in the pivotal moment of attraction.” AT

“The Lord possessed me in the beginning of his way before his works of old.” Proverbs

#### 8. POURING OF THE SELF (Proverbs 8:22-24)

**Me’olam nissakhti merosh miqqadamei aretz.**

Me’olam (time starts in small parcels from one moment to the next) nissakhti merosh (in this first beginningness, I poured myself like holy wine) miqqadamei aretz (though there was no ground, earth, form or individuality to absorb me).

“Time begins in small parcels of moments, and in this first beginningness, I poured myself like holy wine, though there was no ground, earth, form or individuality to absorb me.” AT

“I was set up from everlasting, from the beginning, or ever the earth was. When there were no depths, I was brought forth; when there were no fountains abounding with water.” Proverbs

#### 9. DANCING IN THE NEW UNITY (Proverbs 8:22-24)

## **Be'en tehemot cholaleti be'en mayonot nikhbaddei mayim.**

Be'en tehemot (there was no depth or deep where I could dance as the Great Dark) cholaleti (but I danced anyway, writhing, pausing, waiting, moving in time with my partner, knowing that what would come, had not yet been) be'en mayonot (the spring of existence of beingness) nikhbaddei mayim (from which the glorious, but heavy, flow of life would stream).

“At that time, there was nowhere I could be who I am, but I existed, writhing, pausing, waiting, knowing that what would come had not yet been, yet my young existence was glorious, though heavy, with the streaming flow of life.” AT

“The Lord possessed me in the beginning of his way, before his works of old. I was set up from everlasting, from the beginning or ever the earth was. When there were no depths, I was brought forth; when there were no fountains abounding with water.” Proverbs KJV

10. FIRST REMEMBRANCE (Sura 7:172, Quran)

**“Alastu bi rabbikum. La illaha illa llah.** (Question)

**Ba'ala shahidna. La illaha illa llah.**” (Answer) Quran (Arabic)

The Quran describes when the One Being reaches into the depths of the First Human and asks the question of all future human beings:

Question: “Do you agree to reflect the fullness of consciousness of all beings who have gone before you, and do you agree that there is only one reality that we all share, One Being behind all of the abundantly diverse forms of being?”

Answer: “Why not? We agree to experience and live by this!”

11. IN THE IMAGE OF UNITY (Gen. 1:26)

**Nahaseh adam betzalle menou, Nahase adam chide mouthe nou.**

Nahaseh (let us inlay into) adam (the first human) betzalle (a living shadow of ourselves) menou, Nahase adam chide mouthe nou.

“Let us inlay into the first human a living consciousness of ourselves.” AT

“And God said: “Let us make man in our image, after our likeness.” KJV

12. UNFOLDING, MIXING, ROLLING - FOR BETTER AND WORSE (Gen. 1:28)

**Pherou wa rebou wa mila'ou et ha'aretz, wachi-beshuha wa redou b'.**

Pherou wa rebou (reign together with the creatures) wa mila'ou (redeem, save, replenish your existence) et ha'aretz (earth, earthiness), wachi-beshuha wa redou b' (live with, live amongst).

“Live together and amongst, and reign with, all of the other creatures of the earth, and learn to be a human embedded in nature, to redeem and replenish your existence as a human being.” AT

13. SEVENTH DAY: RENEWAL AND RETURN TO SOURCE (Gen. 2:3)

**Wa i sheboth bayom ha shibihi wa isheboth elohim mi-chol mila chetho asher hashu.**

**Wa i sheboth** (rest or return to original state) **bayom ha shibihi** (after activation or progression), **wa isheboth elohim** (the rested one who is many) **mi-chol mila chetho** (embodied the work) **asher** (a primordial fire of life) **hasha** (creation).

“Return to the source, and re-member how it all began.” AT

“And God blessed the seventh day, and sanctified it: because that in it he had rested from all his work which God created and made.” KJV

14. CREATION CONTINUES (John 1:1-5)

**B’rishith a itawa hewa melta.** (Aramaic)

**En arche timi ho logos.** (Greek)

“From the beginning of time, creation continues.” AT

**II. SKELETON OUTLINE OF GENESIS/CREATION – This outline is listed to reveal the process in its simplicity, without the accompanying interpretations.**

**It is meant that you reflect upon each one to consider and compare it to how your ideas and creation begin. To enhance your understanding, bring a creative project or an idea to mind, and compare its manifestation process to the outline below.**

1. BEFORE THE BEGINNING
2. EXPLORING THE GERM OF THE SEED
3. PLAYING WITH RESISTANCE, CONFUSING THE CONFUSION
4. BREATHING INTO THE FLOW
5. BIRTH OF A NEW CONSCIOUSNESS
6. CELEBRATING THE NEW CONSCIOUSNESS
7. EMBRACING THE NEW
8. POURING OF THE SELF
9. DANCING IN THE NEW UNITY
10. FIRST REMEMBRANCE
11. THE IMAGE OF UNITY
12. UNFOLDING, MIXING, ROLLING - FOR BETTER OR WORSE
13. SEVENTH DAY: RENEWAL AND RETURN TO SOURCE
14. CREATION CONTINUES

### **III. GENESIS AS A PERSONAL CREATION PROCESS – Interpreting the same outline of the Genesis process, for practical everyday personal understanding and use.**

#### **1. BEFORE THE BEGINNING**

I bless what was, bless what is, bless what will be.

#### **2. EXPLORING THE GERM OF THE SEED**

Nothing. Dark. Void. Without form.

#### **3. PLAYING WITH RESISTANCE, CONFUSING THE CONFUSION**

Darkness, unknowingness. I am confused, and things keep getting more confusing.

#### **4. BREATHING INTO THE FLOW**

My breath and spirit self begins to move on the surface of the deep, dark void. I feel something. I breathe and am aware with the darkness, but I still don't know what that "something" is. But I do know that there is "something".

#### **5. BIRTH OF A NEW CONSCIOUSNESS**

Breath is married with darkness. I accept the darkness and breathe with it. I surrender and have an "aha" moment. An idea is born.

#### **6. CELEBRATING THE NEW CONSCIOUSNESS**

I look into the first mirror of a new "baby" idea. Now what do I do with it?

#### **7. EMBRACING THE NEW**

Attraction to the idea. It had to have me. I had to have it.

#### **8. POURING OF THE SELF**

I poured myself like Holy Wine into the idea and attraction.

#### **9. DANCING IN THE NEWNESS**

I danced "with" and "in" the newness.

#### **10. FIRST REMEMBRANCE**

I realized that I forgot. Now, I remember. I wanted this idea.

#### **11. THE IMAGE OF UNITY**

Within my creation, this idea, this project, a source of consciousness inlays an image of myself.

#### **12. UNFOLDING, MIXING, ROLLING - FOR BETTER AND WORSE**

Following the purpose of my conscious creation, accepting its fate for better and worse,

I walk with purpose while including those who surround me.

I walk with purpose, while including those in my wider community.

I walk with purpose, while connected to the Source of All and all of Creation.

When I lose track, when I forget where I am, I join with others in love and compassion.

#### **13. RENEWAL AND RETURN TO SOURCE**

I rest. I bless. I re-member how it all began. I bless again.

#### **14. CREATION CONTINUES – I AM / I CAN**

I daily create a part of what I AM. I understand that part of what I am. I can create.

I AM... I CAN... I CREATE...

We can understand that at times, our creations are completely successful. At other times, ideas fail, but they can be re-created into something better, new, or completely different. We just need to go back into the void or dark space to allow time for creation.

When we begin to pour ourselves into our ideas or projects to manifest, we are “energized” in this newness, and flow with it as it continues to come forth.

Manifested, we can continue the project, bless it, and look back and re-member.

And the Genesis, or Creation process, lives on, again and again and again.

**Genesis as a Personal Creation Process** has been compiled and interpreted by Grace D Marie, through the book *The Genesis Meditations* and the CD *Beginnings*, both written and created by Dr. Neil Douglas-Klotz. To purchase these and view NDK’s worldwide teaching schedule and other important components of his works, visit:

<https://abwoon.org/workshops/>

**Guided Meditation by Saadi NDK:**

<https://abwoon.org/downloads/genesis-live-a-guided-meditation/>

(This paper was first written in 2009. Edits by Grace D Marie occurred April 2019 and March 2021, and subject to more edits in the future.)