

Madre Tierra, Madre Vida

Key of A
(chords in parentheses for guitar
in standard tuning at capo 2)

Words, music and movements: Grace D Marie

The love for the Earth by the Peruvian culture is deep. Ceremonies honoring the Earth are frequent and common. Andean spirituality and cosmology uses and honors Nature as its teachers. Using these simple words and movements will assist you to remember our connection to the Earth, and to all beings.

The inspiration for this dance comes from the song *Madre Tierra*, written by my friend and heart brother, a Peruvian Shaman, Alonso del Rio, who has been involved with the Dances of Universal Peace since my first visit to share them in March 1999, in Lima, Peru.

It is difficult to translate from the original language to another language; here is a version that hopefully conveys the feeling of this dance:

<i>Madre Tierra, Madre Vida</i>	Mother Earth, Mother Life
<i>Llévame en tu Corazón</i>	Carry (hold) me in your Heart
<i>La Medicina de tu Amór</i>	(This is) the Medicine of your Love

Face line of direction to the left. Place your L hand on the R shoulder of the person in front of you. Your R hand is out slightly toward the center of the circle, palm down.

- Throughout the phrase *Madre Tierra, Madre Vida*, dancers are stepping diagonally forward R on the downbeat, then rocking back L, the circle advancing each time in a gentle, rocking progression. There are eight steps: R (empty beat), L (*Madre*), R (*Tierra*), L (*Madre*), R (*Vi-*), L (*-da*), R, L (while continuing to hold *-da*). For the singing of *Madre Tierra*, the R palm remains facing the earth; on *Madre Vida*, the R palm turns upward while the R arm rises slowly toward the sky.

Repeat these movements on the repeat of the phrase.

- Llévame en tu Corazón, La medi-* Slow eight-step turn to R, both hands gradually coming to rest on the heart.
- cina de tu A-* Four steps in toward center, arms gathering in the Earth's blessings.
- mor* Four steps back as arms are showering the Earth's blessings over ourselves.



**Originator-approved write-up collected by
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