

Madre Tierra, Madre Vida

♩ = 90

Words, music and movements by Grace Marie

Capo fret 2

The musical notation is written on a treble clef staff with a key signature of one sharp (F#) and a 4/4 time signature. The tempo is marked as ♩ = 90. The piece begins with a capo at fret 2. The first line of music starts with a G chord and contains measures 1, 3, and 4. The lyrics 'Ma-dre Tier-ra, Ma-dre Vi - da' are written below the notes. The second line of music starts with a C chord and contains measures 5, 6, and 7. The lyrics 'Llé - va-me en tu Co-ra - zon, la Me-di - ci - na de tu A- mor' are written below the notes. Chords G, C, Am, D, and C are indicated above the staff at various points.

The love for the Earth by the Peruvian culture is deep. Ceremonies honoring the Earth are frequent and common. Andean spirituality and cosmology uses and honors Nature as its teachers. Using these simple words and movements will assist you to remember our connection to the Earth, and to all beings.

The inspiration for this dance comes from the song *Madre Tierra*, written by my friend and heart brother, a Peruvian Shaman, Alonso del Rio, who has been involved with the Dances of Universal Peace since my first visit to share them in March 1999, in Lima, Peru.

1. Madre Tierra
2. Madre Vida
3. Madre Tierra
4. Madre Vida
5. Llévame en tu Corazón
6. la Medicina
7. de tu Amor.

Circle preparation:

Face line of direction to the Left. Place your L hand on the R shoulder of the person in front of you. Your R foot will step into the center on the beat before singing, then rocking back on the L foot singing "Madre....." keeping the rocking rhythm throughout "Madre Tierra, Madre Vida" while moving the circle forward.

1. Your R palm faces center and toward the earth during Madre Tierra. Step in with R foot. Rock back on the L foot singing "Madre". R foot on "Tierra".
2. The R palm now will face up singing "Madre Vida" while raising the R arm slowly to the sky. L foot on "Madre", R foot on "Vida".
3. Repeat 1.
4. Repeat 2.
5. Individual R slow turn 8 steps while bringing both hands to the heart, ending to face the center.
6. 4 steps into the center while both arms are harvesting the blessings of the Earth.
7. 4 steps back bringing hands with the Earth's blessings to the heart.

Spanish to English Translation:

Mother Earth, Mother of Life
Mother Earth, Mother of Life
Hold (or carry) me in your heart
It is the medicine of your love.

November 2018

Notation by Wayne Rollack