



The Magic and Mystery of CUBA

with Grace Marie and Friends

January 23 – 30, 2020

Havana, Vinales, Trinidad

**A Dances of Universal Peace group journey, to explore
the land, the island, the music, rhythm,
and culture of Cuba.....and sharing the Dances
with the local communities.**

Beautiful guided journeys with magical mysteries that may unfold

The itinerary has been designed to give us a broad visual of the country for this first-time historical group journey. We will be under the umbrella of a qualified tour company and guide, because of the restrictions placed on foreign travel to Cuba. We will travel under the category, "Support of the Cuban People."

The accommodation are family-run Casa Particulares, which are unique to Cuba, are hand selected, upgraded, and are run much like a traditional B&B, and offer a unique, cultural experience.

In Vinales, we will stay together in a hotel overlooking the valley.



Cost: \$1725 (Single add \$335.)

What IS included in your fee beginning January 23, 2020

- All accommodations, breakfast on days 2 to 8 and lunches on days 2 to 7
- All in country transportation, including transfer to and from the airport
- All guides, workshop fees, and entrance fees for activities

What is NOT included

- Airfare to and from Cuba
- Visa for visiting Cuba
- Mandatory Medical Insurance
- Cost for dinner, alcoholic beverages and other special additions to meals
- Tips, the norm is 5-15%.
- NOTE: There are no "convenience stores" in Cuba, you need to bring any food you might need.
- Personal incidentals or souvenirs.

Grace Marie – is an international teacher of Sacred Dance, Movement, Voice, and Fitness, facilitating retreats and group journeys worldwide.



For Detailed Information: www.LifeasaGarden.com/Events

For Questions: Vimlan VanDien at vimlanv@gmail.com or 707-815-4531