

Corazon del Cielo, Corazon de la Tierra

2020 Guatemala Dance Retreat/Journey with

*Grace Marie, Hassan Paul Swanson, Elizabeth Dequine
and Elisabeth Cascada Rogolsky*

February 8-15, 2020

\$950 includes lodging, in country travel, 2 meals per day, guides and admission fees

On this sixth year of our dance journey in Guatemala, we will explore how the Dances of Universal Peace can be a vehicle for embracing and transmitting indigenous earth wisdom in the world in a way that is authentic and respectful of the living indigenous cultures. We will meet in the UNESCO world heritage colonial city Antigua, then travel together beautiful Lake Atitlan. We will spend mornings in retreat, sharing dances and learning about Mayan spirituality, together with our wonderful Mayan Spiritual Guide/Shamana, Nana Feliciano. Our intent is to co-create new dances which can be used both in Guatemala and as a way for us to bring their ancient wisdom to the wider world.

The afternoons will provide opportunities to get to know the San Juan community and our friends there, including weavers who work with natural dyes, artists who express the Mayan Spirituality so eloquently in their art, local healers, coffee farmers and more. Evenings we will dance together, share music with local (Guatemalan) musicians and enjoy the beauty of sunsets on the lake.

New this year, we plan to have a two day pre-journey residential event September 6th and 7th in Antigua, Guatemala which will include workshops and reading with renowned author, scholar and spiritual guide Carlos Barrios, author of The Book of Destiny. Cost for this additional time is expected to be around \$200 and will be limited to 10 participants.

For questions and information contact: Elizabeth Dequine, edequine@gmail.com
206-842-5181

Registration and detailed information will be available by September 1 at <https://lifeasagarden.com/events/>