

# The Time Has Come

Lyrics inspired by the words of Rumi

Music and movement by Grace Marie

Capo fret 2 and use top chord shapes

Am G Am  
 Tempo ♩ = 94 Bm A Bm 1.

How long can I beg and bar - gain for things of this world.

world. While love, love is wait ing I

crash the door and ent - er the cham-ber of love.

C D G A Am Bm  
 ④ ⑤ 3

Dance Directions: (step numbers refer to circled numbers on the score)

1. Holding hands in the circle, right foot is toward the center of the circle, left foot is behind. The circle moves to the right beginning with the right foot stepping diagonally into the circle before singing the word "How..." and rocking back the left foot, in half note rhythm. The right foot comes into the center diagonally again and again with the rocking back and forth motion, moving the circle to the right.
2. Knock on the door of your heart, with both hands in a fist, side by side at the heart center, stepping in toward the center, taking 4 steps beginning on the right foot on the word "Love", knocking 4 times on your heart with both hands, beginning on the word "Love".
3. Stepping back 4 steps beginning on the right foot on "waiting", knocking on the heart on "waiting" 4 times.
4. Clapping both hands together at heart center with left hand staying at heart center out in front of the heart, and the right hand moving upwards with the clap.
5. Arms out slightly, make a slow full turn right, entering the chamber of Love, and at the end of the phrase on the word "Love", face the center and take hands in preparation for the group prayer cycle movement to the right.

The Rumi poem, "The Time Has Come" was on my refrigerator for many years before the inspiration came for the music and movements for this circle dance.

The circle moving to the right is a group and individual prayer cycle where we ask our selves deeply "How long can I beg and bargain for things of this world?" The next line "While love is waiting", the movement comes from my mother. I often watched my mother pray on her knees, while her hands beat on her heart. She said it was to remind the heart of the Divine which dwells there. When one is ready, the door to the chamber of love crashes open. It's up to us to knock on the door.